

Help is only a text away.



text “HOPELINE™”  
to 741741

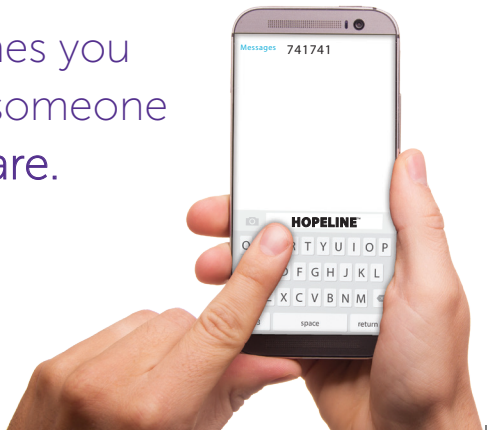
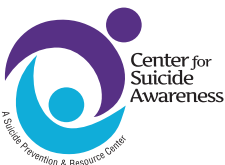
Here's how it works:

- 1 Text “HOPELINE™” to 741741 anywhere, anytime, about any type of challenge or struggle.
- 2 A live, trained specialist receives the text and responds quickly.

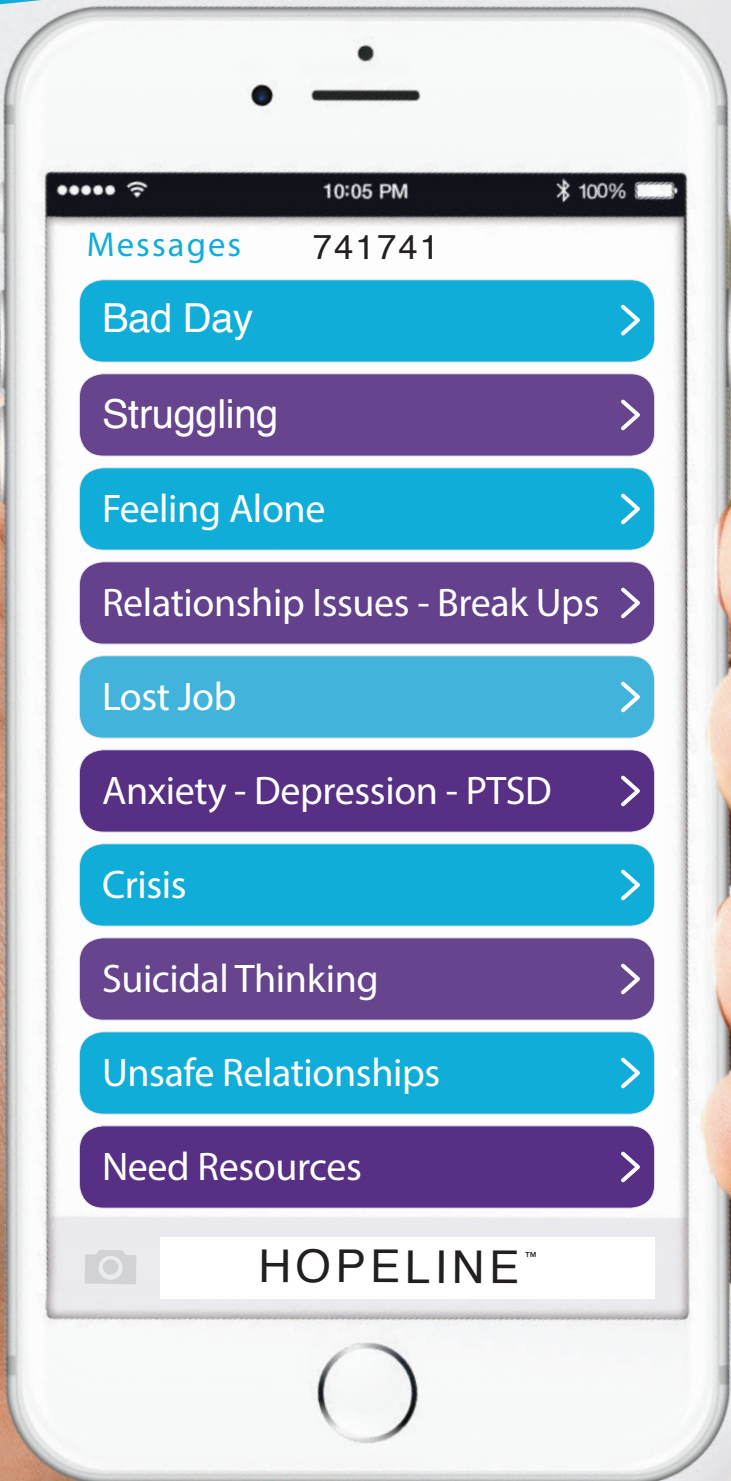
HOPELINE™ Text Line serves anyone in any type of situation, providing them access to free, 24/7 emotional support and information they need via the medium they already use and trust: text.

Each person that texts in is important to us and we care about what they are dealing with.

sometimes you  
just need someone  
to care.



# HOPELINE™ to 741741



Messages

741741

Bad Day



Struggling



Feeling Alone



Relationship Issues - Break Ups



Lost Job



Anxiety - Depression - PTSD



Crisis



Suicidal Thinking



Unsafe Relationships



Need Resources



HOPELINE™