

# Hopeline uses texts to help teens in crisis

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HOPELINE offers emotional support and resources - via text message - in an effort to prevent suicide. Text "HOPELINE" to 741741. Wochit



(Photo: Doug Raflik/USA TODAY NETWORK-Wis.)

Help in an emotional crisis is just a text away with Wisconsin's Hopeline. Volunteers are on standby 24/7 to help people who text in about mental health challenges, suicidal thoughts, family conflicts, bullying and a slew of other issues.

Text "HOPELINE" to 741-741 for help.

The Hopeline now also operates a line in Spanish. To use it, text "APOPYO" to 839863.